

STARTERS	Notes	Lupin	Sulphites	Celery	Mustard	Sesame Seeds	Eggs	Soyabeans	Cereals (Gluten)	Milk	Molluscs	Crustaceans	Fish	Tree Nuts	Peanuts
	Crispy sesame king prawns, salt & pepper squid, sriracha mayonnaise	W	P	✓	✓	✓	✓		✓	✓	✓	✓			
	Bang Bang satay chicken or with cauliflower & tofu		✓	✓	✓	✓		✓	P					P	✓
	halloumi, heritage tomatoes, greek salad, tapenade, pesto, oregano dressing, pine nuts		✓		✓					✓				✓	
	Mackerel Paté, horseradish cream, pickled cucumber, fennel & dill, melba toast	W	P	✓			✓		✓	✓			✓		
	super salad, watermelon, courgettes, baby spinach, avocado houmous, vegan feta, dhukka, chick peas, lime, chilli, mint tamarind dressing	vegan		✓			✓							✓	
	nduja, mac n cheese croquettes, garlic aioli	W			✓	✓	✓		✓	✓					
	wild mushrooms on toast, asparagus, peas, tarragon, lemon crème fraiche	W		✓	P			P	✓	✓					
	Prawn, avocado, celery & cucumber cocktail, bloody mary sauce, melba toast	W	P	✓	✓	✓	✓		✓	✓		✓	✓		
	Chicken & serrano ham croquettes, garlic aioli	w	P	✓		✓		✓	✓	✓					
Chilled Gazpacho soup, cucumber, red pepper & tomato salsa, basil oil (from pesto) , aged balsamic	basil oil from pesto		✓	P				✓	✓				✓		

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SHARERS	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soybeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
Garlic sourdough baguette w/pepper & tomato dip		Ⓡ				✓	✓			Ⓡ				Ⓡ	W
Whole baked camembert with sourdough baguette & apricot chutney		Ⓡ				✓	✓			Ⓡ		✓	✓	Ⓡ	W, R
Mezze: padron peppers, baba ganoush, avocado houmous, roasted chic peas, pitta bread							✓			✓				Ⓡ	W
burrata & cured meats, gordal olives, sunblush tomato, cornichons, caperberries, pesto, balsamic, foccacio		✓				✓	✓	✓					✓	Ⓡ	W
Fish board, mackerel paté, salt whitebait, prawns, squid, etc*		*	✓	✓	✓	✓	✓	✓	✓	*	✓	✓	✓	Ⓡ	W, R, B

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SANDWICHES /LL	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soybeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
SANDWICH - Steak & mustard mayo in foccacia							✓	Ⓡ	✓	Ⓡ	✓			Ⓡ	W
SANDWICH - smoked salmon, chive cream cheese, cucumber & rocket			✓			✓	✓	✓					✓	Ⓡ	W,
SANDWICH- avocado houmous, avocado, courgette & red pepper, vegan pesto, baby spinach, spiced dukkah		✓					✓	✓		✓	✓			Ⓡ	W
SANDWICH- chicken caesar, bacon, avocado, parmesan, beby gem			✓			✓	✓	✓	✓		✓		✓	Ⓡ	W
WRAP- breaded gujons, crushed peas, tartare sauce			✓			✓	✓		✓	Ⓡ	✓		✓	Ⓡ	W
flat bread, shawarma chicken, green chilli pickle , salad, mint yoghurt	Ⓡ	Ⓡ				✓	✓	✓		✓	Ⓡ		✓	Ⓡ	W
flat bread, cauliflower chicken, green chilli pickle , salad, mint yoghurt	Ⓡ	Ⓡ				✓	✓	✓		✓	Ⓡ		✓	Ⓡ	w
smoked haddock kedgeriee fish cake, spinach, poached egg, kerelan curry sauce			✓			✓	✓		✓		✓	✓			w
calves liver, bacon, artichokes, , french beans, cherry tomato, grain mustard vinaigrette						✓					✓	✓	✓		W
Bubble & Squeak with ham / brocolli						✓			✓						GF
Bubble & squeak with smoked salmon			✓			✓			✓				✓		GF
TOAST - Spinach, guacamole, poached eggs, hollandaise						✓	✓		✓	Ⓡ			✓	Ⓡ	W

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MAIN COURSES	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soyabeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
Gourmet Burger with Burger Sauce, Roasted Onions & Smoked Cheddar		Ⓟ	✓			✓	✓		✓	Ⓟ	✓	✓	✓	Ⓟ	W,
Falafel burger, halloumi, red pepper, guacomole,		Ⓟ	*	*	*	✓	✓	✓	✓	✓	✓		✓	Ⓟ	W
Fish & chips			✓						✓		✓		✓		GF
Sausage & mash, crispy onions*			*	*	*	✓	✓		*	*	*		✓		W
Calves' liver, smoked streaky bacon, creamy mash, wilted spinach, sage jus			*	*	*	✓						✓	✓		GF
Breaded Chicken schnitzel, garlic butter, pancetta & linguini, carbonara, rocket & parmesan						✓	✓		✓			✓			W
grilled pork tomahawk, truffle & parmesan chips, apple & poppyseed slaw, sage butter, apple ketchup						✓			✓			✓	✓		
Teriaki salmon, avocado & freeka salad, pickled cucumber, brocolli, mango chilli & coriander			✓				✓	✓				✓	✓		w
Marinated king prawns, avocado & freeka salad, pickled cucumber, brocolli, mango chilli & coriander				✓			✓	✓				✓	✓		w
artichoke, courgette, asparagus risotto, peas, broad beans & mint, rocket & shaved parmesan						✓			✓			✓			
keralan roasted vegetable & coconut curry, brown rice, sweet potato crisps, spring onion, chilli		Ⓟ									✓	✓	✓		
poke bowl, aubergine, mushroom rice, pak choi, sugar snap peas, pickled veg, ginger, spring onion, teriyaki tofu								✓		✓		✓	✓		
poke bowl, aubergine, mushroom rice, pak choi, sugar snap peas, pickled veg, ginger, spring onion, teriyaki salmon			✓							✓		✓	✓		
Rib eye steak or fillet home cut chips, slow roasted tomatoes, onion rings , (peppercorn, bearnaise or roquefort butter sauce, see below)			*	*	*	✓	✓		*	*	*		✓	Ⓟ	GF
fillet steak, gratin potatoes, cherry tomatoes, king oyster, mushrooms,diane cream sauce						✓					✓	✓	✓		GF
Peppercorn Sauce						✓							✓		
Garlic butter						✓									
Bearnaise Sauce						✓			✓		✓		✓		
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Check burger bun for substitutes

ROASTS AND SIDES	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soyabeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
Roast Beef – Yorkshire puds, roast pots						✓	✓		✓			✓	✓	⚠	W
Roast pork belly – mash, kale, apple, mustard jus, stuffing – STUFFING MC ALL NUT ALLERGENS	⚠	✓				✓	✓	✓	✓	⚠	✓	✓	✓	⚠	W
Roast turkey- breat & leg, chipolata, bacon wrapped stuffing, roast potatoes, bread sauce, cranberry	⚠					✓	✓	✓	✓			✓	✓	⚠	W
Roast lamb – pinenut & herb stuffing, roast pots – STUFFING MC ALL NUT ALLERGENS	⚠	✓				✓	✓	✓	✓	⚠	⚠	✓	✓	⚠	W
Roast chicken – chipolatas, pinenut & herb stuffing, bread sauce, pots – STUFFING MC ALL NUT ALLERGEN	⚠	✓				✓	✓	✓	✓	⚠	✓	✓	✓	⚠	W
Veggie carrot & cashew nut roast	⚠	✓					✓	✓		✓		✓	✓	⚠	
Chicken, ham & leek short crust pastry pie, new potatoes, roasted carrots, chicken & tarragon sauce						✓	✓		✓		✓	✓		⚠	W
Cauliflower gratin						✓	✓		✓		✓	✓		⚠	
Colcannon Mash						✓									
rocket, red onion, sunblush tomato, parmesan & pinenut salad		✓				✓			✓				✓		
Home cut chips															
French beans & tenderstem broccoli						✓									
Truffle & parmesan chips						✓			✓						

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KIDS	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soy abeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
Cheeseburger & chips						✓	✓	✓	✓	✓				Ⓡ	
Pasta, ham, peas & parmesan						✓	✓	✓	✓				✓	Ⓡ	W
Fish & chips			✓					✓					✓	Ⓡ	
Ham, egg & chips								✓	✓				✓		
Chicken Roast	Ⓡ	Ⓡ				✓	✓	✓	✓	Ⓡ	✓	✓	✓	Ⓡ	W
Beef Roast						✓	✓	✓	✓			✓	✓	Ⓡ	W
Lamb Roast	Ⓡ	Ⓡ				✓	✓	✓	✓	Ⓡ	Ⓡ	✓	✓	Ⓡ	W
Pasta, broccoli and tomato sauce							✓	✓	✓					✓	W
Breaded chicken schnitzel, peas, chips,							✓		✓					✓	W
Consibee Cumberland sausage with creamy mash and gravy						✓	✓	✓				✓	✓	Ⓡ	W
Cheese & tomato sourdough flatbread pizza						✓	✓	✓							

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PUDDINGS	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soybeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
Cheeseboard	✓	✓				✓	✓		✓	✓		✓	✓		W, R, O, B
Disaronno Affogato		✓				✓	✓	✓					✓		
Pineapple, mixed berries ,mint, passion fruit sorbet fruit Sorbet															
Sticky Toffee Pudding						✓	✓		✓				✓		W
Mini hazelnut & chocolate Doughnuts with Chocolate Sauce*		✓	⌘	⌘	⌘	✓	✓	✓	✓	*	*	⌘	✓		W
Rocky road	⌘	⌘				✓	✓	✓							W
White Chocolate chip Brownie						✓		✓	✓						GF
raspberry greek yoghurt crème brulee shortbread						✓	✓		✓						w
lemon and ginger cheesecake, strawberries, lemon curd						✓	✓		✓						w
Strawberry, Eton Mess, vanilla ice cream, fresh cream, meringue, lemon curd, chocolate shard						✓		✓					✓		
Vanilla pavlova, fresh cream, ice cream, strawberries, raspberries, blueberrys, raspberry coulis, chocolate shards						✓		✓					✓		
apple crumble, vanilla custard		⌘				✓	✓		✓					⌘	w
apple crumble, vanilla custard VEGAN		⌘					✓	✓						⌘	w
christmas pudding, brandy sauce, clotted cream	⌘	⌘				✓	✓	⌘	✓	⌘					w
Purbeck Vanilla Ice Cream	⌘	⌘				✓			⌘						
Purbeck Vegan Vanilla															
Purbeck Chocolate	⌘	⌘				✓		✓	⌘						
Purbeck Strawberry	⌘	⌘				✓			⌘						
Purbeck Salted Caramel	⌘	⌘				✓		✓	✓						
Purbeck Pistachio	⌘	⌘				✓		✓	⌘						
Purbeck Honeycomb	⌘	⌘				✓			⌘						
Purbeck Passion fruit sorbet															
Purbeck Blackcurrant sorbet															
Purbeck Raspberry Sorbet															

Digestives

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 * - Supermarket purchased Christmas pudding for Gluten/dairy free - see individual packaging

BRUNCH	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soyabeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
FULL ENGLISH, streaky bacon, cumberland sausage, black pudding, bubble, tomato, mushroom,baked beans						✓	✓	✓	✓			*	*		w
FULL VEGETARIAN, halloumi, falafal, tomato, bubble, mushroom, baked beans						✓	✓	✓	✓			*	*		w
spinach, avocado, eggs, hollandaise, sourdough						✓	✓	✓	✓				✓	P	w
wild mushrooms, squash, sage, cream sauce, sourdough						✓	✓	✓					✓	P	w
bubble & squeak & poached eggs with either, ham or brocolli						✓		✓	✓						
bubble & squeak & poached eggs with smoked salmon			✓			✓		✓	✓				✓		
smoked salmon & scrambled /poached eggs on sourdough			✓			✓		✓	✓				✓	P	w
Greek yoghurt, honey & pistachio		✓				✓	P			P					w
GREEK yoghurt, honey & pistachio & GRANOLA		✓				✓	P			P					w

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