



STARTERS	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soybeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
Crispy sesame king prawns, salt & pepper squid, sriracha mayonnaise				✓	✓	✓	✓		✓	✓	✓		✓	Ⓡ	W
Bang Bang satay chicken or with cauliflower & tofu	✓	Ⓡ					Ⓡ	✓		✓	✓	✓	✓		
black pudding, onions, frisee, poached egg, apple, bacon, grain mustard dressing		✓				✓	✓		✓		✓	✓	✓		w
Mackerel Paté, horseradish cream, pickled cucumber, fennel & dill, melba toast			✓			✓	✓		✓				✓	Ⓡ	W
super spring salad, baby kale, , chicory, delica pumpkin,pickled carrot, houmous, vegan feta, omega seeds, orange, ginger, agave								✓		✓			✓		vegan
portobello mushrooms, rarebit glaze, apple, celeriac, walnut salad, poppyseed dressing			✓			✓	✓				✓	✓	✓		W
Prawn, avocado, celery & cucumber cocktail, bloody mary sauce, melba toast			✓	✓		✓	✓		✓		✓	✓	✓	Ⓡ	W
Chicken & serrano ham croquettes, garlic aioli						✓	✓		✓		✓		✓	Ⓡ	w

Our Cooking oil IS Soya FREE *This item is cooked in oil also used to cook; Calamari, Whitebait, Sesame Prawn Toast, Mini Doughnuts, Croquettes, Onion Rings, Crispy Onions, Prawn Crackers. Ⓡ May contain this (risk of cross-contamination on food production line) (W) Wheat (R) Rye (B) Barley Pine Nuts .

SHARERS	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soyabeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
Garlic sourdough baguette w/pepper & tomato dip		R				✓	✓			R				R	W
Whole baked camembert with sourdough baguette & apricot chutney		R				✓	✓			R		✓	✓	R	W, R
Mezze: padron peppers, baba ganoush, houmous, roasted chic peas, pitta bread							✓			✓				R	W
burrata & cured meats, gordal olives, sunblush tomato, cornichons, caperberries, pesto, balsamic, foccacio		✓				✓	✓	✓					✓	R	W
Fish board, mackerel paté, salt whitebait, prawns, squid, etc*		*	✓	✓	✓	✓	✓	✓	✓	*	✓	✓	✓	R	W, R, B

Our Cooking oil IS Soya FREE *This item is cooked in oil also used to cook; Calamari, Whitebait, Sesame Prawn Toast, Mini Doughnuts, Croquettes, Onion Rings, Crispy Onions, Prawn Crackers. R May contain this (risk of cross-contamination on food production line) (W) Wheat (R) Rye (B) Barley Pine Nuts .

SANDWICHES /LL	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soyabeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
SANDWICH - Steak & mustard mayo in foccacia							✓	R	✓	R	✓			R	W
SANDWICH - smoked salmon, chive cream cheese, cucumber & rocket			✓			✓	✓	✓					✓	R	W,
SANDWICH- beetroot houmous, avocado, courgette & red pepper, vegan pesto, baby spinach, spiced dukkah		✓					✓	✓		✓	✓			R	W
SANDWICH- brie, crispy bacon, ice berg, cranberry sauce						✓	✓	✓					✓	R	W
WRAP- breaded gujons, crushed peas, tartare sauce			✓			✓	✓		✓	R	✓		✓	R	W
flat bread, tandoori chicken, mango chutney , salad, mint yoghurt	R	R				✓	✓	✓		✓	R		✓	R	W
flat bread, tandoori cauliflower, mango chutney , salad, mint yoghurt	R	R				✓	✓	✓		✓	R		✓	R	w
welsh rarebit, serrano ham, sunblush tomatoes, rocket, sourdough toast			✓			✓	✓				✓		✓		w
beef goulash soup, sour cream, baguette						✓	✓					✓	✓	R	w
calves liver, bacon, artichokes, , french beans, green peppercorn sauce, sourdough toast						✓	✓					✓	✓		W
Bubble & Squeak with ham / brocolli						✓			✓						GF
Bubble & squeak with smoked salmon			✓			✓			✓				✓		GF
TOAST - Spinach, guacamole, poached eggs, hollandaise						✓	✓		✓	R			✓	R	W

Our Cooking oil IS Soya FREE *This item is cooked in oil also used to cook; Calamari, Whitebait, Sesame Prawn Toast, Mini Doughnuts, Croquettes, Onion Rings, Crispy Onions, Prawn Crackers.  May contain this (risk of cross-contamination on food production line) (W) Wheat (R) Rye (B) Barley  Pine Nuts

MAIN COURSES	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soyabeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
	Gourmet Burger with Burger Sauce, Roasted Onions & Smoked Cheddar		Ⓡ	✓			✓	✓		✓	Ⓡ	✓	✓	✓	Ⓡ
Falafel burger, halloumi, red pepper, guacomole,		Ⓡ	*	*	*	✓	✓	✓	✓	✓	✓		✓	Ⓡ	W
Fish & chips			✓						✓		✓		✓		GF
Sausage & mash, crispy onions*			*	*	*	✓	✓		*	*	*		✓		W
Calves' liver, smoked streaky bacon, creamy mash, wilted spinach, sage jus			*	*	*	✓						✓	✓		GF
Breaded Chicken schnitzel, garlic butter, truffle & mushroom sauce, linguini, french beans						✓	✓		✓				✓	✓	W
guinea fowl, gratin potatoes, pancetta, button onions, kalettes, thyme jus						✓						✓	✓		
roasted celeriac & garlic, truffle & wild mushroom, linguini, rocket & parmesan						✓	✓					✓			W
sweet potato, apricot, chick pea, aubergine, tagine, green herb cous cous, minted coconut youghurt, toasted almonds, pomegranate, flat bread		✓					✓					✓	✓		W
salmon, tuscan bean ragu, lemon , parsley, pinenut crumb, pesto, black cabbage		✓	✓			✓						✓			
fish stew, mussels, mullet, squid, cod, prawns, bream, garlic croutes, saffron potatoes, rouille			✓	✓	✓	✓	✓		✓			✓			W
Rib eye steak or fillet home cut chips, slow roasted tomatoes, onion rings , (peppercorn, bearnaise or roquefort butter sauce, see below)			*	*	*	✓	✓		*	*	*		✓	Ⓡ	GF
fillet steak, gratin potatoes, braised shallots, wild mushrooms, cream sauce						✓					✓	✓	✓		GF
Peppercorn Sauce						✓							✓		
Garlic butter						✓									
Bearnaise Sauce						✓			✓		✓		✓		

Our Cooking oil IS Soya FREE *This item is cooked in oil also used to cook; Calamari, Whitebait, Sesame Prawn Toast, Mini Doughnuts, Croquettes, Onion Rings, Crispy Onions, Prawn Crackers. Ⓡ May contain this (risk of cross-contamination on food production line) (W) Wheat (R) Rye (B) Barley Pine Nuts .

ROASTS AND SIDES	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soybeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
Roast Beef – Yorkshire puds, roast pots						✓	✓		✓			✓	✓	Ⓟ	W
Roast pork belly – mash, kale, apple, mustard jus, stuffing – STUFFING MC ALL NUT ALLERGENS	Ⓟ	✓				✓	✓	✓	✓	Ⓟ	✓	✓	✓	Ⓟ	W
Roast turkey- brest & leg, chipolata, bacon wrapped stuffing, roast potatoes, bread sauce, cranberry	Ⓟ					✓	✓	✓	✓			✓	✓	Ⓟ	W
Roast lamb – pinenut & herb stuffing, roast pots – STUFFING MC ALL NUT ALLERGENS	Ⓟ	✓				✓	✓	✓	✓	Ⓟ	Ⓟ	✓	✓	Ⓟ	W
Roast chicken – chipolatas, pinenut & herb stuffing, bread sauce, pots – STUFFING MC ALL NUT ALLERGEN	Ⓟ	✓				✓	✓	✓	✓	Ⓟ	✓	✓	✓	Ⓟ	W
Veggie carrot & cashew nut roast	Ⓟ	✓					✓	✓		✓		✓	✓	Ⓟ	
Lamb shank , braised with garlic & rosemary						✓	✓	✓				✓		Ⓟ	w
Cauliflower gratin						✓	✓		✓		✓	✓			
Colcannon Mash						✓									
rocket, red onion, sunblush tomato, parmesan & pinenut salad		✓				✓			✓				✓		
Home cut chips															
French beans & tenderstem broccoli						✓									
Truffle & parmesan chips						✓			✓						


Our Cooking oil IS Soya FREE *This item is cooked in oil also used to cook; Calamari, Whitebait, Sesame Prawn Toast, Mini Doughnuts, Croquettes, Onion Rings, Crispy Onions, Prawn Crackers. Ⓟ May contain this (risk of cross-contamination on food production line) (W) Wheat (R) Rye (B) Barley Pine Nuts .

KIDS	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soybeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
Cheeseburger & chips						✓	✓	✓	✓	✓				Ⓟ	
Pasta, ham, peas & parmesan						✓	✓	✓	✓				✓	Ⓟ	W
Fish & chips			✓					✓					✓	Ⓟ	
Ham, egg & chips								✓	✓				✓		
Chicken Roast	Ⓟ	Ⓟ				✓	✓	✓	✓	Ⓟ	✓	✓	✓	Ⓟ	W
Beef Roast						✓	✓	✓	✓			✓	✓	Ⓟ	W
Lamb Roast	Ⓟ	Ⓟ				✓	✓	✓	✓	Ⓟ	Ⓟ	✓	✓	Ⓟ	W
Pasta, broccoli and tomato sauce							✓	✓	✓					✓	W
Breaded chicken schnitzel, peas, chips,							✓		✓					✓	W
Consibee Cumberland sausage with creamy mash and gravy						✓	✓	✓				✓	✓	Ⓟ	W
Cheese & tomato sourdough flatbread pizza						✓	✓	✓							

Our Cooking oil IS Soya FREE *This item is cooked in oil also used to cook; Calamari, Whitebait, Sesame Prawn Toast, Mini Doughnuts, Croquettes, Onion Rings, Crispy Onions, Prawn Crackers. Ⓟ May contain this (risk of cross-contamination on food production line) (W) Wheat (R) Rye (B) Barley (P) Pine Nuts .

PUDDINGS	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soybeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
Cheeseboard	✓	✓				✓	✓		✓	✓		✓	✓		W, R, O, B
Disaronno Affogato		✓				✓	✓	✓					✓		
Pineapple, mixed berries ,mint, passion fruit sorbet fruit Sorbet															
Sticky Toffee Pudding						✓	✓		✓				✓		W
Mini hazelnut & chocolate Doughnuts with Chocolate Sauce*		✓	Ⓟ	Ⓟ	Ⓟ	✓	✓	✓	✓	*	*	Ⓟ	✓		W
Rocky road	Ⓟ	Ⓟ				✓	✓	✓							W
White Chocolate chip Brownie						✓		✓	✓						GF
baked mango yoghurt, fresh mango & mint, passion fruit couli, shortbread						✓	✓		✓						w
rhubard & pistachio frangipane tart, mascapone, toasted almonds		✓				✓	✓		✓						w
christmas pudding, brandy sauce, clotted cream	Ⓟ	Ⓟ				✓	✓	Ⓟ	✓	Ⓟ					w
apple crumble, vanilla custard		Ⓟ				✓	✓		✓					Ⓟ	w
apple crumble, vanilla custard VEGAN		Ⓟ					✓	✓						Ⓟ	w
Purbeck Vanilla Ice Cream	Ⓟ	Ⓟ				✓			Ⓟ						
Purbeck Vegan Vanilla															
Purbeck Chocolate	Ⓟ	Ⓟ				✓		✓	Ⓟ						
Purbeck Strawberry	Ⓟ	Ⓟ				✓			Ⓟ						
Purbeck Salted Caramel	Ⓟ	Ⓟ				✓		✓	✓						
Purbeck Pistachio	Ⓟ	Ⓟ				✓		✓	Ⓟ						
Purbeck Honeycomb	Ⓟ	Ⓟ				✓			Ⓟ						
Purbeck Passion fruit sorbet															
Purbeck Blackcurrant sorbet															
Purbeck Raspberry Sorbet															

Digestives

Our Cooking oil IS Soya FREE *This item is cooked in oil also used to cook; Calamari, Whitebait, Sesame Prawn Toast, Mini Doughnuts, Croquettes, Onion Rings, Crispy Onions, Prawn Crackers.  May contain this (risk of cross-contamination on food production line) (W) Wheat (R) Rye (B) Barley Pine Nuts .

* - Supermarket purchased Christmas pudding for Gluten/dairy free - see individual packaging

BAR SNACKS	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soyabeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
Calamari*		*	*	✓	*	*	✓	✓	✓	*	*	*	*		
Whitebait*		*	✓	*	*	*	✓	✓	✓	*	*	*	*		
Nachos						✓									
Chips with Peppercorn sauce						✓		✓				✓	✓		
Chipolatas							✓	✓				✓			
Chicken & Serrano ham croquettes*		*	*	*	*	✓	✓	✓	*	*	✓	*	*		
Prawn Skewers			✓	✓				✓							
Prawn Crackers*		*	*	✓	*	*	*	✓	✓	*	*	*	*		
Mustard Mayo									✓		✓		✓		
BBQ Sauce											✓	✓			
Garlic Mayo									✓				✓		
Tartare Sauce									✓		✓		✓		
Sweet Chilli Dip							✓						✓		
Houmous, flat bread							✓			✓					
Padron Peppers								✓							
<p>Our Cooking oil IS Soya FREE *This item is cooked in oil also used to cook; Calamari, Whitebait, Sesame Prawn Toast, Mini Doughnuts, Croquettes, Onion Rings, Crispy Onions, Prawn Crackers.  May contain this (risk of cross-contamination on food production line) (W) Wheat (R) Rye (B) Barley Pine Nuts .</p>															

BRUNCH	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soybeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
FULL ENGLISH, streaky bacon, cumberland sausage, black pudding, bubble, tomato, mushroom, baked beans						✓	✓	✓	✓			*	*		W
FULL VEGETARIAN, halloumi, falafal, tomato, bubble, mushroom, baked beans						✓	✓	✓	✓			*	*		W
spinach, avocado, eggs, hollandaise, sourdough						✓	✓	✓	✓				✓	Ⓟ	W
wild mushrooms, squash, sage, cream sauce, sourdough						✓	✓	✓					✓	Ⓟ	W
bubble & squeak & poached eggs with either, ham or broccoli						✓		✓	✓						
bubble & squeak & poached eggs with smoked salmon			✓			✓		✓	✓				✓		
smoked salmon & scrambled /poached eggs on sourdough			✓			✓		✓	✓				✓	Ⓟ	W
Greek yoghurt, honey & pistachio		✓				✓	Ⓟ			Ⓟ					W
GREEK yoghurt, honey & pistachio & GRANOLA		✓				✓	Ⓟ			Ⓟ					W

Our Cooking oil IS Soya FREE*This item is cooked in oil also used to cook; Calamari, Whitebait, Sesame Prawn Toast, Mini Doughnuts, Croquettes, Onion Rings, Crispy Onions, Prawn Crackers. Ⓟ May contain this (risk of cross-contamination on food production line) (W) Wheat (R) Rye (B) Barley Pine Nuts .