

STARTERS	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soybeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
Crispy sesame king prawns, salt & pepper squid, sriracha mayonnaise				✓	✓	✓	✓		✓	✓	✓		✓	Ⓡ	W
Bang Bang satay chicken or with cauliflower & tofu	✓	Ⓡ					Ⓡ	✓		✓	✓	✓	✓		
delica pumpkin, goats cheese, dhukka, watercress, pomegranate dressing		✓				✓				✓	✓		✓		
Mackerel Paté, horseradish cream, pickled cucumber, fennel & dill, melba toast			✓			✓	✓		✓				✓	Ⓡ	W
cumin roasted carrot & chick pea salad, beetroot houmous, omega seeds, orange & ginger dressing										✓			✓		
pressed pork & green peppercorn terrine, winter chutney, crispy serrano, caperberries, sourdough bread						✓	✓					✓	✓	Ⓡ	W
Sautéed wild mushrooms, butternut squash, sage crème fraiche, rocket, parmesan & sourdough toast						✓	✓					✓		Ⓡ	W
Prawn, avocado, celery & cucumber cocktail, bloody mary sauce, melba toast			✓	✓		✓	✓		✓		✓	✓	✓	Ⓡ	W
chicken & serrano ham croquettes, garlic aioli						✓	✓		✓		✓		✓	Ⓡ	w

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<b>SHARERS</b>	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soyabeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
Garlic ciabatta bread w/pepper & tomato dip						✓	✓			Ⓟ				Ⓟ	W
Whole baked camembert with ciabatta & apricot chutney						✓	✓			Ⓟ		✓	✓	Ⓟ	W, R
Mezze: Olives, beetroot houmous, coconut tzatziki flat bread							✓	✓		✓		✓	✓	Ⓟ	W
Cured meats, pork terrine, , artichokes, chipolatas, etc*		*	*	*	*	✓	✓	*	✓	✓	✓	✓	✓	Ⓟ	W, R
Fish board, mackerel paté, salt whitebait, prawns, squid, etc*		*	✓	✓	✓	✓	✓	✓	✓	*	✓	✓	✓	Ⓟ	W, R, B

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<b>SANDWICHES /LL</b>	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soyabeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
SANDWICH - Steak & mustard mayo in ciabatta							✓	Ⓟ	✓	Ⓟ	✓			Ⓟ	W
SANDWICH –atlantic prawn, spiced cocktail sauce, cucumber, chives			✓	✓			✓		✓		✓	✓	✓	Ⓟ	W,
SANDWICH- lemon houmous, avocado, courgette & red pepper, vegan pesto, baby spinach, spiced dukkah		✓					✓	✓		✓	✓			Ⓟ	W
sandwich- brie, bacon, tomato chutney, rocket						✓	✓						✓	Ⓟ	W
WRAP- breaded gujons, crushed peas, tartare sauce			✓			✓	✓		✓	Ⓟ	✓		✓	Ⓟ	W
flat bread, tandoori chicken, houmous, tomato salad, mango chutney, coconut yoghurt		Ⓟ					✓	✓		✓	Ⓟ		✓	Ⓟ	W
flat bread, tandoori cauliflower, houmous, tomato salad, pomegranate dressing, coconut yoghurt		Ⓟ					✓	✓		✓	Ⓟ		✓	Ⓟ	w
calves liver, bacon, artichokes, , french beans, peppercorn sauce on toast						✓	✓	Ⓟ			✓	✓	✓	Ⓟ	w
clam chowder					✓	✓	✓					✓		Ⓟ	w
TOAST - Spinach, guacamole, poached eggs, hollandaise						✓	✓		✓	Ⓟ			✓	Ⓟ	W

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MAIN COURSES	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soyabeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
	Gourmet Burger with Burger Sauce, Roasted Onions & Smoked Cheddar		R	✓			✓	✓		✓	R	✓	✓	✓	R
Falafel burger, halloumi, red pepper, tzatziki, coleslaw		R	*	*	*	✓	✓	✓	✓	✓	✓	✓	✓	R	W
Ribeye/onion rings*, chips, tomatoes, peppercorn jus			*	*	*	✓	✓		*	*	*	✓	✓	R	GF
Fish & chips			✓						✓		✓	✓	✓	R	GF
Sausage & mash, crispy onions*			*	*	*	✓	✓		*	*	*	✓	✓		W
Liver, bacon, mash and spinach			*	*	*	✓						✓	✓		GF
Bubble & Squeak with ham / brocolli						✓			✓						GF
Bubble & squeak with smoked salmon			✓			✓			✓				✓		GF
Breaded Chicken schnitzel, garlic, caper & lemon butter, gratin potatoes, french beands, sherry vinegar jus						✓	✓		✓			✓	✓	R	W
cauliflower, squash, red lentil coconut curry, lemon, herb & toasted coconut rice, flat bread		✓					✓					✓			W
pork fillet, tuscan bean ragout, lemon, parsley pinenut crumb, cavolo nero pesto		✓						✓				✓	✓		
roasted salmon, lemon, dill & fennel risotto, orange, fennel & watecress salad			✓			✓						✓	✓		
smoked haddock, poached egg, mash, leeks, grain mustard sauce			✓			✓			✓		✓	✓	✓		
king oyster mushrooms, gratin potatoes, cherry tomatoes, peppercorn sauce						✓						✓			
rump steak, garlic butter, king oyster mushrooms, parmesan & truffle chips						✓							✓		
new steak specks, rib eye or fillet steak home cut chips, slow roasted tomatoes, onion rings , (peppercorn, bearnaise or garlic butter sauce, see below)															
Bearnaise Sauce						✓			✓		✓		✓		
Peppercorn Sauce						✓						✓	✓		
Garlic butter						✓									

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<b>ROASTS AND SIDES</b>	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soybeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
Roast Beef – Yorkshire puds, roast pots						✓	✓		✓			✓	✓	Ⓟ	W
Roast pork belly – mash, kale, apple, mustard jus, stuffing – STUFFING MC ALL NUT ALLERGENS	Ⓟ	✓				✓	✓	✓	✓	Ⓟ	✓	✓	✓	Ⓟ	W
roast turkey- brest & leg, chipolata, bacon wrapped stuffing, roast potatoes, bread sauce, cranberry	Ⓟ					✓	✓	✓	✓			✓	✓	Ⓟ	W
Roast lamb – pinenut & herb stuffing, roast pots – STUFFING MC ALL NUT ALLERGENS	Ⓟ	✓				✓	✓	✓	✓	Ⓟ	Ⓟ	✓	✓	Ⓟ	W
Roast chicken – chipolatas, pinenut & herb stuffing, bread sauce, pots – STUFFING MC ALL NUT ALLERGEN	Ⓟ	✓				✓	✓	✓	✓	Ⓟ	✓	✓	✓	Ⓟ	W
Veggie carrot & cashew nut roast	Ⓟ	✓					✓	✓		✓		✓	✓	Ⓟ	
lamb shank , braised with garlic & rosemary						✓	✓	✓				✓		Ⓟ	w
Cauliflower gratin						✓	✓		✓		✓	✓			
Colcannon Mash						✓									
Minted New Potatoes						✓									
Home cut chips															
French beans & tenderstem broccoli						✓									
truffle & parmesan chips						✓			✓						

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KIDS	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soyabeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
	Cheeseburger & chips		Ⓡ				✓	✓	✓		✓				Ⓡ
Pasta, ham, peas & parmesan						✓	✓	✓	✓				✓	Ⓡ	W
Fish & chips			✓					✓					✓	Ⓡ	
Ham, egg & chips								✓	✓				✓		
Chicken Roast	Ⓡ	Ⓡ				✓	✓	✓	✓	Ⓡ	✓	✓	✓	Ⓡ	W
Beef Roast						✓	✓	✓	✓			✓	✓	Ⓡ	W
Lamb Roast	Ⓡ	Ⓡ				✓	✓	✓	✓	Ⓡ	Ⓡ	✓	✓	Ⓡ	W
Pasta, broccoli and tomato sauce							✓	✓	✓					✓	W
breaded chicken schnitzel, peas, chips, tomato sauce							✓		✓					✓	W
Consibee Cumberland sausage with creamy mash and gravy						✓	✓	✓				✓	✓	Ⓡ	W
cheese & tomato sourdough flatbread pizza						✓	✓	✓							

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PUDDINGS	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soybeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
Cheeseboard	✓	✓				✓	✓		✓	✓		✓	✓		W, R, O, B
Disaronno Affogato		✓				✓	✓	✓					✓		
Pineapple, mixed berries ,mint, mango fruit Sorbet															
passion fruit crème brulee, lemon shortbread						✓	✓		✓						w
Sticky Toffee Pudding						✓	✓		✓				✓		W
Mini Nutella Doughnuts with Chocolate Sauce*		✓	PB	PB	PB	✓	✓	✓	✓	*	*	PB	✓		W
rocky road	PB	PB				✓	✓	✓							W
White Chocolate chip Brownie						✓		✓	✓						GF
christmas pudding			PB			✓	✓	✓	✓				✓		w
Strawberry dark chocolate oreo cheesecke strawberry sorbet							✓	✓							w
chocolate nemesis cake, vanilla ice cream, chocolate sauce						✓		✓	✓						
apple, cranberry & mulled wine crumble, vanilla custard VEGAN			PB				✓							PB	w
banoffe crunch	PB	✓				✓	✓	✓	PB						W
Vanilla Ice Cream	PB	PB				✓			PB						
Chocolate	PB	PB				✓		✓	PB						
Strawberry	PB	PB				✓			PB						
Salted Caramel	PB	PB				✓		✓	✓						
Pistachio	PB	PB				✓		✓	PB						
Banoffee crunch	PB	PB				✓		✓	PB						
Honeycomb	PB	PB				✓			PB						
passion fruit sorbet															
Blackcurrant sorbet															

Digestives

**Raspberry Sorbet**

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<b>BAR SNACKS</b>	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soyabeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
Calamari*		*	*	✓	*	*	✓	✓	✓	*	*	*	*		
Whitebait*		*	✓	*	*	*	✓	✓	✓	*	*	*	*		
Nachos						✓									
Chips with Peppercorn sauce						✓		✓				✓	✓		
Chipolatas							✓	✓				✓			
Chicken & Serrano ham croquettes*		*	*	*	*	✓	✓	✓	*	*	✓	*	*		
Prawn Skewers			✓	✓				✓							
Prawn Crackers*		*	*	✓	*	*	*	✓	✓	*	*	*	*		
Mustard Mayo									✓		✓		✓		
BBQ Sauce											✓	✓			
Garlic Mayo									✓				✓		
Tartare Sauce									✓		✓		✓		
Sweet Chilli Dip							✓						✓		
Houmous, flat bread							✓			✓					
Padron Peppers								✓							
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<b>BRUNCH</b>	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soybeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
FULL ENGLISH, streaky bacon, cumberland sausage, black pudding, bubble, tomato, mushroom, baked beans						✓	✓	✓	✓			*	*		W
FULL VEGETARIAN, halloumi, falafal, tomato, bubble, mushroom, baked beans						✓	✓	✓	✓			*	*		W
spinach, avocado, eggs, hollandaise, sourdough						✓	✓	✓	✓				✓	Ⓟ	W
wild mushrooms, squash, sage, cream sauce, sourdough						✓	✓	✓					✓	Ⓟ	W
bubble & squeak & poached eggs with either, ham or broccoli						✓		✓	✓						
bubble & squeak & poached eggs with smoked salmon			✓			✓		✓	✓				✓		
smoked salmon & scrambled /poached eggs on sourdough			✓			✓		✓	✓				✓	Ⓟ	W
greek yoghurt, honey & pistachio		✓				✓									
GREEK yoghurt, honey & pistachio & GRANOLA		✓				✓	Ⓟ			Ⓟ					W

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