

STARTERS	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soybeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
Crispy sesame king prawns, salt & pepper squid, sriracha mayonnaise				✓	✓	✓	✓	✓	✓	✓	✓		✓	Ⓜ	W
Bang Bang satay chicken or with cauliflower & tofu	✓	Ⓜ					Ⓜ	✓		✓	✓	✓	✓		
glazed figs, watermelon, chicory, watercress & omega seed salad, lime, chilli, mint & tamarind dressing										✓			✓		
Mackerel Paté, horseradish cream, pickled cucumber, fennel & dill, melba toast			✓			✓	✓		✓				✓	Ⓜ	W
grilled halloumi & heritage tomato greek salad, black olive tapenade, pine nuts pesto & oregano dressing		Ⓜ				✓					✓		✓		
ham hock, balsamic pickled onion & parsley terrine, caperberries, picalilli, sourdough							✓				✓	✓	✓	Ⓜ	w
Sautéed wild mushrooms, peas, mint rocket, crème fraiche & sourdough toast						✓	✓					✓		Ⓜ	
Prawn & smoked salmon cocktail, watercress, pickled cucumber & shallots, lemon & dill crème fraiche			✓	✓		✓	✓				✓		✓	Ⓜ	w
chilli crab salad, avocado butter, mango, chilli & coriander salsa, grilled ciabatta				✓		✓	✓		✓				✓	Ⓜ	w

*This item is cooked in oil also used to cook; Calamari, Whitebait, Sesame Prawn Toast, Mini Doughnuts, Croquettes, Onion Rings, Crispy Onions, Prawn Crackers.
 Ⓜ May contain this (risk of cross-contamination on food production line) (W) Wheat (R) Rye (B) Barley Pine Nuts

SHARERS	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soyabeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
Garlic ciabatta bread w/pepper & tomato dip						✓	✓			Ⓟ				Ⓟ	W
Whole baked camembert with ciabatta & apricot chutney						✓	✓			Ⓟ		✓	✓	Ⓟ	W, R
Mezze: Olives, beetroot houmous, coconut tzatziki flat bread							✓			✓		✓	✓	Ⓟ	W
Cured meats, ham hock, , artichokes, chipolatas, etc*		*	*	*	*	✓	✓	*	✓	✓	✓	✓	✓	Ⓟ	W, R
Fish board, mackerel paté, salt whitebait, prawns, squid, etc*		*	✓	✓	✓	✓	✓	*	✓	*	✓	✓	✓	Ⓟ	W, R, B

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SANDWICHES /LL	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soyabeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
SANDWICH - Steak & mustard mayo in ciabatta							✓		✓	Ⓟ	✓			Ⓟ	W
SANDWICH –atlantic prawn, mary rose sauce			✓	✓		✓	✓		✓		✓			Ⓟ	W,
SANDWICH- beetroot houmous, avocado, courgette & red pepper, vegan pesto, baby spinach, spiced dukkah		✓					✓	✓		✓				Ⓟ	W
SANDWICH- brie, crispy bacon, tomato chutney						✓	✓		✓		✓	✓	✓	Ⓟ	W
WRAP- breaded gujons, crushed peas, tartare sauce			✓			✓	✓		✓	Ⓟ	✓			Ⓟ	W
flat bread, harissa chicken, houmous, tabbouleh, harissa dressing, coconut yoghurt							✓			✓		✓	✓	Ⓟ	W
flat bread, tofu, houmous, tabbouleh, harissa dressing, coconut yoghurt							✓	✓		✓		✓	✓	Ⓟ	w
salad - calves liver, bacon, artichokes, french beans, sunblush tomatoes, honey & mustard dressing											✓	✓	✓	Ⓟ	
		✓				✓							✓		
goats cheese, figs, maple roasted walnuts, chicory, poppy seed dressing		✓				✓					✓	✓		Ⓟ	w
TOAST - Spinach, guacamole, poached eggs, hollandaise						✓	✓		✓	Ⓟ			✓	Ⓟ	W

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MAIN COURSES	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soyabeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
	Gourmet Burger with Burger Sauce, Roasted Onions & Smoked Cheddar		R	✓			✓	✓	R	✓	R	✓	✓	✓	R
Falafel burger, halloumi, red pepper, tzatziki, coleslaw		R	*	*	*	✓	✓	✓		✓	✓	✓	✓	R	W
Ribeye/onion rings*, chips, tomatoes, peppercorn jus		*	*	*	*	✓	✓	*	*	*	*	✓	✓	R	
Fish & chips			✓						✓		✓	✓	✓	R	GF
Sausage & mash, crispy onions*		*	*	*	*	✓	✓	*	*	*	*	✓	✓		W
Liver, bacon, mash and spinach						✓					✓	✓	✓		
Bubble & Squeak with ham / brocolli						✓			✓						
Bubble & squeak with smoked salmon			✓			✓			✓						
Breaded Chicken schnitzel, ceasar salad, serrano, parmesan			✓			✓	✓		✓			✓	✓		W
linguni, bocconcini, cherry tomatoes, piquillo, olives, pesto, parmesan			✓			✓	✓					✓		R	w
hake, saffron, parmesan & basil risotto, piquillo peppers olives , peashoots			✓			✓						✓			
grilled seabass, bombay potatoes, brocolli, curry oil			✓			✓					✓				
vegan chilli, coconut tzatiki , guacomole , flat bread							✓	✓				✓			
pork fillet, potato gratin, oyster mushrooms, peas, gems, pancetta						✓						✓	✓		
rump steak, garlic butter, parmesan & truffle chips, green summer salad						✓		✓				✓	✓		
New Steak Specks, Rib eye or Fillet steak home cut chips, slow roasted tomatoes, onion rings , peppercorn, bearnaise or garlic butter sauce							✓								
Bearnaise Sauce						✓			✓		✓		✓		
Peppercorn Sauce						✓						✓	✓		
Garlic butter						✓									
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ROASTS AND SIDES	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soybeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
Roast Beef – Yorkshire puddings, roast pots						✓	✓		✓			✓	✓	Ⓟ	W
Roast pork belly – mash, kale, apple, mustard jus, stuffing – STUFFING MC ALL NUT ALLERGENS	Ⓟ	✓				✓	✓	Ⓟ	✓	Ⓟ	✓	✓	✓	Ⓟ	W
roast turkey- breast & leg, chipolata, bacon wrapped stuffing, roast potatoes, bread sauce, cranberry	Ⓟ					✓	✓		✓			✓	✓	Ⓟ	W
Roast lamb – pinenut & herb stuffing, roast pots – STUFFING MC ALL NUT ALLERGENS	Ⓟ	✓				✓	✓	✓	✓	Ⓟ	Ⓟ	✓	✓	Ⓟ	W
Roast chicken – chipolatas, pinenut & herb stuffing, bread sauce, pots – STUFFING MC ALL NUT ALLERGEN	Ⓟ	✓				✓	✓	Ⓟ	✓	Ⓟ	✓	✓	✓	Ⓟ	W
Veggie carrot & cashew nut roast	Ⓟ	✓					✓			✓		✓	✓	Ⓟ	
lamb shank , braised with garlic & rosemary						✓	✓					✓		Ⓟ	w
Cauliflower gratin						✓	✓		✓		✓	✓			
Colcannon Mash						✓									
Minted New Potatoes						✓									
Home cut chips															
French beans & tenderstem broccoli						✓									
truffle & parmesan chips						✓									

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KIDS	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soyabeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
	Cheeseburger & chips		Ⓡ				✓	✓			✓				Ⓡ
Pasta, ham, peas & parmesan						✓	✓		✓				✓	Ⓡ	W
Fish & chips			✓										✓	Ⓡ	
Ham, egg & chips									✓				✓		
Chicken Roast	Ⓡ	Ⓡ				✓	✓	Ⓡ	✓	Ⓡ	✓	✓	✓	Ⓡ	W
Beef Roast						✓	✓		✓			✓	✓	Ⓡ	W
Lamb Roast	Ⓡ	Ⓡ				✓	✓	✓	✓	Ⓡ	Ⓡ	✓	✓	Ⓡ	W
Pasta, broccoli and tomato sauce							✓		✓					Ⓡ	W
Poached fillet of Salmon, creamy mash & broccoli			✓			✓									
Consibee Cumberland sausage with creamy mash and gravy						✓	✓					✓	✓	Ⓡ	W
cheese & tomato sourdough flatbread pizza						✓	✓								

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PUDDINGS	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soybeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
Cheeseboard	✓	✓				✓	✓		✓	✓		✓	✓		W, R, O, B
Disaronno Affogato		✓				✓	✓	✓					✓		
Pineapple, mixed berries ,mint, blackcurrent fruit Sorbet															
Sticky Toffee Pudding						✓	✓		✓				✓		W
Mini Nutella Doughnuts with Chocolate Sauce*		✓	Ⓟ	Ⓟ	Ⓟ	✓	✓	✓	✓	*	*	Ⓟ	✓		W
Baileys crunch chocolate tiffin		Ⓟ				✓	✓	✓							W
White Chocolate chip Brownie						✓		✓	✓						GF
set greek yoghurt, strawberries, pistachio, honey, lemon & poppy seed shortbread		✓				✓	✓		✓						w
mixed berry & apple crumble, apple & elderflower sorbet		Ⓟ					✓						✓		w
banoffe crunch	Ⓟ	✓				✓	✓	✓	Ⓟ						W
Vanilla Ice Cream	Ⓟ	Ⓟ				✓		✓	Ⓟ						
Chocolate	Ⓟ	Ⓟ				✓		✓	Ⓟ						
Strawberry	Ⓟ	Ⓟ				✓		✓	Ⓟ						
Salted Caramel	Ⓟ	Ⓟ				✓		✓	✓						
Pistachio	Ⓟ	Ⓟ				✓		✓	Ⓟ						
Banoffee crunch	Ⓟ	Ⓟ				✓		✓	Ⓟ						
Honeycomb	Ⓟ	Ⓟ				✓		✓	Ⓟ						
passion fruit sorbet															
Blackcurrant sorbet															
Raspberry Sorbet															

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BAR SNACKS	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soyabeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
Calamari*		*	*	✓	*	*	✓	*	✓	*	*	*	*		
Whitebait*		*	✓	*	*	*	✓	*	✓	*	*	*	*		
Nachos						✓									
Chips with Peppercorn sauce						✓						✓	✓		
Chipolatas							✓					✓			
Chicken & Serrano ham croquettes*		*	*	*	*	✓	✓	*	*	*	✓	*	*		
Prawn Skewers			✓	✓				✓							
Prawn Crackers*		*	*	✓	*	*	*	*	✓	*	*	*	*		
Mustard Mayo									✓		✓		✓		
BBQ Sauce											✓	✓			
Garlic Mayo									✓				✓		
Tartare Sauce									✓		✓		✓		
Sweet Chilli Dip							✓						✓		
Houmous, flat bread							✓			✓					
Padron Peppers															
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BRUNCH	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soybeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
FULL ENGLISH, streaky bacon, cumberland sausage, black pudding, bubble, tomato, mushroom, baked beans						✓	✓		✓			*	*		W
FULL VEGETARIAN, halloumi, falafal, tomato, bubble, mushroom, baked beans						✓	✓		✓			*	*		W
spinach, avocado, eggs, hollandaise, sourdough						✓	✓		✓				✓	B	W
wild mushrooms, squash, sage, cream sauce, sourdough						✓	✓						✓	B	W
bubble & squeak & poached eggs with either, ham or broccoli						✓			✓						
bubble & squeak & poached eggs with smoked salmon			✓			✓			✓				✓		
smoked salmon & scrambled /poached eggs on sourdough			✓			✓			✓				✓	B	W
greek yoghurt, honey & pistachio		✓				✓									
GREEK yoghurt, honey & pistachio & GRANOLA		✓				✓	B			B					W

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