

STARTERS	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soybeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
Crispy sesame king prawns, salt & pepper squid, sriracha mayonnaise				✓	✓	✓	✓	✓	✓	✓	✓		✓	Ⓟ	W
Bang Bang satay chicken or with cauliflower & tofu	✓	Ⓟ					Ⓟ	✓		✓	✓	✓			
cashel blue, pear & chicory salad, walnuts, poppy seed dressing		✓				✓							✓		
Mackerel Paté, horseradish cream, pickled cucumber, fennel & dill, melba toast			✓			✓	✓		✓				✓	Ⓟ	W
artichokes, charred broccoli , beetroot houmous, lemon, ginger & agave dressing, dukkah		✓								✓	✓				
duck & parsley rillettes, tomato & apple chutney, cornichons, toasted sourdough						✓	✓				✓		✓	Ⓟ	w
Sautéed wild mushrooms, rocket, parmesan & sourdough toast						✓	✓					✓		Ⓟ	
Prawn & smoked salmon cocktail, watercress, pickled cucumber & shallots, lemon & dill pesto crème fraiche			✓	✓		✓	✓				✓		✓	Ⓟ	w

*This item is cooked in oil also used to cook; Calamari, Whitebait, Sesame Prawn Toast, Mini Doughnuts, Croquettes, Onion Rings, Crispy Onions, Prawn Crackers.
Ⓟ May contain this (risk of cross-contamination on food production line) (W) Wheat (R) Rye (B) Barley (P) Pine Nuts

SHARERS	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soyabeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
Garlic ciabatta bread w/pepper & tomato dip						✓	✓			Ⓟ				Ⓟ	W
Whole baked camembert with ciabatta & apricot chutney						✓	✓			Ⓟ		✓	✓	Ⓟ	W, R
Mezze: Olives, beetroot houmous, coconut tzatziki flat bread							✓			✓		✓	✓	Ⓟ	W
Cured meats, pork terrine, , artichokes, croquettes, etc*		*	*	*	*	✓	✓	*	✓	✓	✓	✓	✓	Ⓟ	W, R
Fish board, mackerel paté, salt whitebait, prawns, squid, etc*		*	✓	✓	✓	✓	✓	*	✓	*	✓	✓	✓	Ⓟ	W, R, B

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SANDWICHES /LL	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soyabeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
SANDWICH - Steak & mustard mayo in ciabatta							✓		✓	Ⓟ	✓			Ⓟ	W
SANDWICH –smoked salmon, cucumber, cream cheese			✓			✓	✓							Ⓟ	W,
SANDWICH- beetroot houmous, avocado, courgette & red pepper, vegan pesto, baby spinach, spiced dukkah		✓					✓	✓		✓				Ⓟ	W
SANDWICH- brie & bacon, rocket, tomato chutney						✓	✓				✓		✓	Ⓟ	W
WRAP- breaded gujons, crushed peas, tartare sauce			✓			✓	✓		✓	Ⓟ	✓			Ⓟ	W
TOAST - Spinach, guacamole, poached eggs, hollandaise						✓	✓		✓	Ⓟ			✓	Ⓟ	W

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MAIN COURSES	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soyabeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
	Gourmet Burger with Burger Sauce, Roasted Onions & Smoked Cheddar		Ⓡ	✓			✓	✓	Ⓡ	✓	Ⓡ	✓	✓	✓	Ⓡ
Falafel burger, halloumi, red pepper, tzatziki, coleslaw		Ⓡ	*	*	*	✓	✓	✓		✓	✓	✓	✓	Ⓡ	W
Ribeye/onion rings*, chips, tomatoes, peppercorn jus		*	*	*	*	✓	✓	*	*	*	*	✓	✓	Ⓡ	
Fish & chips			✓						✓		✓		✓	Ⓡ	GF
Sausage & mash, crispy onions*		*	*	*	*	✓	✓	*	*	*	*	✓	✓		W
Liver, bacon, mash and spinach						✓					✓	✓	✓		
Bubble & Squeak with ham / brocolli						✓			✓						
Bubble & squeak with smoked salmon			✓			✓			✓						
Breaded Chicken schnitzel, mushrooms, gratin potato, beans, garlic butter						✓	✓		✓			✓	✓		W
keralan curry												✓			
pumpkin tortellini							✓	Ⓡ					✓		W
grilled seabass, potato cake, tomato, caper red onion salsa			✓			✓					✓	✓			
salmon, chorizo, mixed bean stew		✓	✓				✓	✓				✓	✓		
						✓	Ⓡ					✓			Ⓡ
New Steak Specks. Flat Iron, Rib eye or Fillet steak home cut chips, slow roasted tomatoes, onion rings, peppercorn, bearnaise or garlic butter sauce							Ⓡ								
Bearnaise Sauce						✓			✓		✓		✓		
Peppercorn Sauce						✓						✓	✓		
Garlic butter						✓									
Fillet steak, gratin potatoes, spinach, garlic, mushrooms, port shallot sauce						✓						✓	✓		
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ROASTS AND SIDES	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soyabeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
Roast Beef –Yorkshire puds, roast pots						✓	✓		✓			✓	✓	Ⓟ	W
Roast pork belly – mash, kale, apple, mustard jus, stuffing – STUFFING MC ALL NUT ALLERGENS	Ⓟ	✓				✓	✓	Ⓟ	✓	Ⓟ	✓	✓	✓	Ⓟ	W
roast turkey- breat & leg, chipolata, bacon wrapped stuffing, roast potatoes, bread sauce, cranberry	Ⓟ					✓	✓		✓			✓	✓	Ⓟ	W
Roast lamb – pinenut & herb stuffing, roast pots – STUFFING MC ALL NUT ALLERGENS	Ⓟ	✓				✓	✓	✓	✓	Ⓟ	Ⓟ	✓	✓	Ⓟ	W
Roast chicken – chipolatas, pinenut & herb stuffing, bread sauce, pots – STUFFING MC ALL NUT ALLERGEN	Ⓟ	✓				✓	✓	Ⓟ	✓	Ⓟ	✓	✓	✓	Ⓟ	W
Veggie carrot & cashew nut roast	Ⓟ	✓					✓			✓		✓	✓	Ⓟ	
lamb shank , braised with garlic & rosemary						✓	✓					✓		Ⓟ	w
Cauliflower gratin						✓	✓		✓		✓	✓			
Colcannon Mash						✓									
Minted New Potatoes						✓									
Home cut chips															
French beans & tenderstem broccoli						✓									
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KIDS	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soybeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
	Cheeseburger & chips		R				✓	✓			✓				R
Pasta, ham, peas & parmesan						✓	✓		✓				✓	R	W
Fish & chips			✓										✓	R	
Ham, egg & chips									✓				✓		
Chicken Roast	R	R				✓	✓	R	✓	R	✓	✓	✓	R	W
Beef Roast						✓	✓		✓			✓	✓	R	W
Lamb Roast	R	R				✓	✓	✓	✓	R	R	✓	✓	R	W
Pasta, broccoli and tomato sauce							✓		✓					R	W
Poached fillet of Salmon, creamy mash & broccoli			✓			✓									
Consibee Cumberland sausage with creamy mash and gravy						✓	✓					✓	✓	R	W

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 R May contain this (risk of cross-contamination on food production line) (W) Wheat (R) Rye (B) Barley

PUDDINGS	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soybeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
Cheeseboard	✓	✓				✓	✓		✓	✓		✓	✓		W, R, O, B
Disaronno Affogato		✓				✓	✓	✓					✓		
Pineapple, mixed berries ,mint, blackcurrant Sorbet, Raspberry Coulis															
Sticky Toffee Pudding						✓	✓		✓				✓		W
Mini Nutella Doughnuts with Chocolate Sauce*		✓	Ⓟ	Ⓟ	Ⓟ	✓	✓	✓	✓	*	*	Ⓟ	✓		W
Baileys crunch chocolate tiffin		Ⓟ				✓	✓	✓							W
White Chocolate chip Brownie						✓		✓	✓						GF
oreo vegan chocolate cheesecake, raspberry sorbet							✓	✓							W
baked greek yoghurt, poppy seed shortbread						✓	✓		✓						w
apple & plum crumble, custard	✓	✓				✓	✓		✓						w
banoffee ice cream sundae	Ⓟ	✓				✓	✓	✓	Ⓟ	Ⓟ					W
Vanilla Ice Cream	Ⓟ	Ⓟ				✓		✓	Ⓟ						
Chocolate	Ⓟ	Ⓟ				✓		✓	Ⓟ						
Strawberry	Ⓟ	Ⓟ				✓		✓	Ⓟ						
Salted Caramel	Ⓟ	Ⓟ				✓		✓	✓						
Pistachio	Ⓟ	Ⓟ				✓		✓	Ⓟ						
Banoffee crunch	Ⓟ	Ⓟ				✓		✓	Ⓟ						
Honeycomb	Ⓟ	Ⓟ				✓		✓	Ⓟ						
Blackcurrant sorbet															
Raspberry Sorbet															

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BAR SNACKS	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soybeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
Calamari*		*	*	✓	*	*	✓	*	✓	*	*	*	*		
Whitebait*		*	✓	*	*	*	✓	*	✓	*	*	*	*		
Nachos						✓									
Chips with Peppercorn sauce						✓						✓	✓		
Chipolatas							✓					✓			
Chicken & Serrano ham croquettes*		*	*	*	*	✓	✓	*	*	*	✓	*	*		
Prawn Skewers			✓	✓				✓							
Prawn Crackers*		*	*	✓	*	*	*	*	✓	*	*	*	*		
Mustard Mayo									✓		✓		✓		
BBQ Sauce											✓	✓			
Garlic Mayo									✓				✓		
Tartare Sauce									✓		✓		✓		
Sweet Chilli Dip							✓						✓		
Houmous, flat bread							✓			✓					
Padron Peppers															
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BRUNCH	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soyabeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
FULL ENGLISH, streaky bacon, cumberland sausage, black pudding, bubble, tomato, mushroom, baked beans						✓	✓		✓			*	*		w
FULL VEGETARIAN, halloumi, falafal, tomato, bubble, mushroom, baked beans						✓	✓		✓			*	*		w
spinach, avocado, eggs, hollandaise, sourdough						✓	✓		✓				✓	B	w
wild mushrooms, squash, sage, cream sauce, sourdough						✓	✓						✓	B	w
bubble & squeak & poached eggs with either, ham or brocolli						✓			✓						
bubble & squeak & poached eggs with smoked salmon			✓			✓			✓				✓		
smoked salmon & scrambled eggs on sourdough			✓			✓			✓				✓	B	w
greek yoghurt, honey & pistachio		✓				✓									
GREEK yoghurt, honey & pistachio & GRANOLA		✓				✓	B			B					w

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 B May contain this (risk of cross-contamination on food production line) (W) Wheat (R) Rye (B) Barley