

STARTERS	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soyabeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
Crispy sesame king prawns, salt & pepper squid, sriracha mayonnaise				✓	✓	✓	✓	✓	✓	✓	✓		✓		W
Bang Bang satay chicken or with cauliflower & tofu	✓	Ⓟ					Ⓟ	✓		✓	✓	✓			
grilled goats cheese, beetroot & chicory salad, walnut vinaigrette		✓				✓					✓		✓		
ham hock & smoked chicken terrine, winter chutney, toasted sourdough		Ⓟ				✓	✓				✓	✓	✓	Ⓟ	W
Cumin carrots & chick pea salad, beetroot houmous, omega seeds, orange, ginger dress										✓			✓		
Mackerel Paté, horseradish cream, pickled cucumber, fennel & dill, melba toast			✓			✓	✓		✓				✓	Ⓟ	W
smoked salmon, potato blini, beetroot & horseradish relish, chive sour cream			✓			✓			✓				✓		
roasted butternut squash soup, toasted pumpkin seeds															
Saute mushrooms & celeriac, sage cream, rocket, parmesan, sourdough or tart		Ⓟ				✓	✓							Ⓟ	W

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 Ⓟ May contain this (risk of cross-contamination on food production line) (W) Wheat (R) Rye (B) Barley

SHARERS	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soyabeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
Garlic ciabatta bread w/pepper & tomato dip						✓	✓			Ⓟ				Ⓟ	W
Whole baked camembert with ciabatta & apricot chutney						✓	✓			Ⓟ		✓	✓	Ⓟ	W, R
Mezze: Olives, sunblush tomatoes, feta, cumin carrots, beetroot houmous, flat bread						✓	✓	✓		✓	✓	✓	✓	Ⓟ	W
Cured meats, ham hock, winter chutney, artichokes, croquettes, etc*		*	*	*	*	✓	✓	*	✓	✓	✓	✓	✓	Ⓟ	W, R
Fish board, mackerel paté, whitebait, prawns, squid, etc*		*	✓	✓	✓	✓	✓	*	✓	*	✓	✓	✓	Ⓟ	W, R, B

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SANDWICHES /LL	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soyabeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
SANDWICH - Steak & mustard mayo in ciabatta							✓		✓	Ⓟ	✓			Ⓟ	W
SANDWICH –smoked salmon, cucumber, crème cheese & chives, rocket			✓			✓	✓			Ⓟ				Ⓟ	W,
WRAP- beetroot houmous, avocado, courgette & red pepper, vegan pesto, rocket, omega seeds		✓					✓	✓		✓				Ⓟ	W
SANDWICH- turkey, thyme & chestnut stuffing, spinach, cranberry sauce	Ⓟ					✓	✓		✓		✓		✓	Ⓟ	W
WRAP- breaded gujons, crushed peas, tartare sauce			✓			✓	✓		✓	Ⓟ	✓			Ⓟ	W
Harissa king prawns, roasted vegetable & brown rice pilaf, coconut tzatziki				✓											
TOAST - Spinach, guacamole, poached eggs, hollandaise						✓	✓		✓	Ⓟ			✓	Ⓟ	W

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MAIN COURSES	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soyabeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
Gourmet Burger with Burger Sauce, Roasted Onions & Smoked Cheddar		Ⓟ	✓			✓	✓	Ⓟ	✓	Ⓟ	✓	✓	✓		W,
Falafel burger, halloumi, red pepper, tzatziki, coleslaw		Ⓟ	*	*	*	✓	✓	✓		✓	✓	✓	✓		W
Ribeye/onion rings*, chips, tomatoes, peppercorn jus			*	*	*	✓	✓	*	*	*	*	✓	✓		
Fish & chips			✓						✓		✓		✓		GF
Sausage & mash, crispy onions*			*	*	*	✓	✓	*	*	*	*	✓	✓		W
Liver, bacon, mash and spinach						✓					✓	✓	✓		
Bubble & Squeak with ham & egg						✓			✓						
Bubble & squeak with smoked salmon			✓			✓			✓						
Breaded Chicken schnitzel, potato gnocchi, garlic butter, mushroom cream sauce						✓	✓		✓			✓	✓	Ⓟ	W
cashew nut & carrot nut loaf, lemon potato cake, tomato, caper & shallot dressing	Ⓟ	✓					✓			✓		✓	✓		W
Keralan roasted vegetable curry, brown rice, coconut yoghurt											✓	✓			
seabass, asparagus, pea & mint risotto, balsamic cherry tomatoes			✓			✓						✓	✓		
salmon, smoked salmon & potato fish cake, tenderstem broccoli, dill & mustard hollandaise			✓			✓	✓		✓		✓	✓	✓		
pork belly, crackling, spiced quince & apple compote, creamy mash, grain mustard & cider jus						✓					✓	✓	✓		
beef bourguignon, pancetta, mushrooms, onions, potato gratin, french beans						✓						✓			
vegan haggis, sweet potato, spinach, mushroom wellington, broccoli, tomato & red pepper sauce							✓	✓				✓			
Fillet steak, gratin potatoes, spinach, garlic, mushrooms, port shallot sauce						✓						✓	✓		

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ROASTS AND SIDES	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soyabeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
Roast Beef –Yorkshire puds, roast pots						✓	✓		✓			✓	✓		W
Roast pork belly – mash, kale, apple, mustard jus, stuffing – STUFFING MC ALL NUT ALLERGENS	Ⓟ	✓				✓	✓	Ⓟ	✓	Ⓟ	✓	✓	✓		W
roast turkey- breat & leg, chipolata, bacon wrapped stuffing, roast potatoes, bread sauce, cranberry	Ⓟ					✓	✓		✓			✓	✓		W
Roast lamb – pinenut & herb stuffing, roast pots – STUFFING MC ALL NUT ALLERGENS	Ⓟ	✓				✓	✓	✓	✓	Ⓟ	Ⓟ	✓	✓		W
Roast chicken – chipolatas, pinenut & herb stuffing, bread sauce, pots – STUFFING MC ALL NUT ALLERGEN	Ⓟ	✓				✓	✓	Ⓟ	✓	Ⓟ	✓	✓	✓		W
Veggie carrot & cashew nut roast	Ⓟ	✓					✓			✓		✓	✓		
Potato Gratin						✓									
Cauliflower & broccoli gratin						✓	✓		✓		✓	✓			
Colcannon Mash						✓									
Minted New Potatoes						✓									
Home cut chips															
French beans & tenderstem broccoli						✓									
Brussel sprouts, chestnuts, pancetta															

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KIDS	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soybeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
	Cheeseburger & chips		R				✓	✓			✓				
Pasta, ham, peas & parmesan						✓	✓		✓				✓		W
Fish & chips			✓										✓		
Ham, egg & chips									✓				✓		
Chicken Roast	R	R				✓	✓	R	✓	R	✓	✓	✓		W
Beef Roast						✓	✓		✓			✓	✓		W
Lamb Roast	R	R				✓	✓	✓	✓	R	R	✓	✓		W
Pasta, broccoli and tomato sauce							✓		✓						W
Poached fillet of Salmon, creamy mash & broccoli			✓			✓									
Consibee Cumberland sausage with creamy mash and gravy						✓	✓					✓	✓		W

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PUDDINGS	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soybeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
Cheeseboard	✓	✓				✓	✓		✓	✓		✓	✓		W, R, O, B
Disaronno Affogato		✓				✓	✓	✓					✓		
Pineapple, mixed berries ,mint, blackcurrant Sorbet, Raspberry Coulis															
Sticky Toffee Pudding						✓	✓		✓				✓		W
Mini Nutella Doughnuts with Chocolate Sauce*		✓	Ⓟ	Ⓟ	Ⓟ	✓	✓	✓	✓	*	*	Ⓟ	✓		W
Baileys crunch chocolate tiffin		Ⓟ				✓	✓	✓							W
White Chocolate chip Brownie						✓		✓	✓						GF
Plum & apple crumble, custard,	Ⓟ	✓				✓	✓		✓				✓		GF flour
black forest ice cream sundae, vanilla & chocolate ice cream, brownie, cherry compote, chocolate sauce	Ⓟ	Ⓟ				✓	✓	✓	✓						GF
Raspberry crème brulee, lemon & poppy seed shortbread		Ⓟ				✓	✓		✓					Ⓟ	W
christmas pudding, clotted cream, mulled wine syrup, brandy sauce		Ⓟ				✓	✓		✓				✓	Ⓟ	W
Vanilla Ice Cream	Ⓟ	Ⓟ				✓		✓	Ⓟ						
Chocolate	Ⓟ	Ⓟ				✓		✓	Ⓟ						
Strawberry	Ⓟ	Ⓟ				✓		✓	Ⓟ						
Salted Caramel	Ⓟ	Ⓟ				✓		✓	✓						
pistachio	Ⓟ	Ⓟ				✓		✓	Ⓟ						
Banoffee crunch	Ⓟ	Ⓟ				✓		✓	Ⓟ						
honeycomb	Ⓟ	Ⓟ				✓		✓	Ⓟ						
Blackcurrant sorbet															
Raspberry Sorbet															

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BAR SNACKS	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soybeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
Calamari*		*	*	✓	*	*	✓	*	✓	*	*	*	*		
Whitebait*		*	✓	*	*	*	✓	*	✓	*	*	*	*		
Nachos						✓									
Chips with Peppercorn sauce						✓						✓	✓		
Chipolatas							✓					✓			
Chicken & Serrano ham croquettes*		*	*	*	*	✓	✓	*	*	*	✓	*	*		
Prawn Skewers			✓	✓				✓							
Prawn Crackers*		*	*	✓	*	*	*	*	✓	*	*	*	*		
Mustard Mayo									✓		✓		✓		
BBQ Sauce											✓	✓			
Garlic Mayo									✓				✓		
Tartare Sauce									✓		✓		✓		
Sweet Chilli Dip							✓						✓		
Houmous, flat bread							✓			✓					
Padron Peppers															
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BRUNCH	Peanuts	Tree Nuts	Fish	Crustaceans	Molluscs	Milk	Cereals (Gluten)	Soyabeans	Eggs	Sesame Seeds	Mustard	Celery	Sulphites	Lupin	Notes
FULL ENGLISH, streaky bacon, cumberland sausage, black pudding, bubble, tomato, mushroom, baked beans						✓	✓		✓			*	*		w
FULL VEGETARIAN, halloumi, falafal, tomato, bubble, mushroom, baked beans						✓	✓		✓			*	*		w
spinach, avocado, eggs, hollandaise, sourdough						✓	✓		✓				✓	B	w
wild mushrooms, squash, sage, cream sauce, sourdough						✓	✓						✓	B	W
bubble & squeak & poached eggs with either, ham or brocolli						✓			✓						
bubble & squeak & poached eggs with smoked salmon			✓			✓			✓				✓		
smoked salmon & scrambled eggs on sourdough			✓			✓			✓				✓	B	w
greek yoghurt, honey & pistachio		✓				✓									
GREEK yoghurt, honey & pistachio & GRANOLA		✓				✓	B			B					w

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 B May contain this (risk of cross-contamination on food production line) (W) Wheat (R) Rye (B) Barley